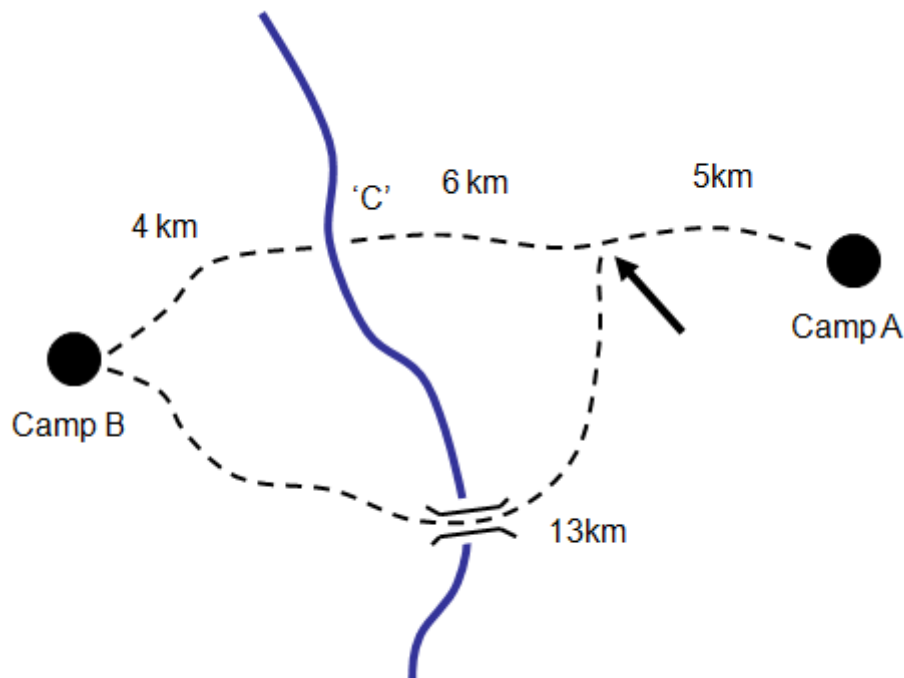


Exercise Mountain Lion

Scenario

You are in a team of six (including one professional guide) on the final day of a five-day mountain trek. You are moving today from Camp A to Camp B, where a helicopter is scheduled to pick you up at 1700hrs tonight. The team had just reached the point marked on the map below when your guide falls down a steep ravine and breaks her leg.



You have recovered her safely to the track but she is in great pain and is drifting in and out of consciousness. You have made her as comfortable as possible, including administering a dose of morphine that she was carrying, but she must not be left on her own. She will need more morphine in approximately four hours or she will be in extreme pain, and urgently requires medical attention. Two team members have constructed a stretcher to transport her on.

Both camps are unmanned but are stocked with food and medical supplies (including morphine). Both camps should have radio communications with Base Camp but these links are not 100% reliable. There is a helicopter landing site at each camp: **the helicopter will not attempt to land anywhere else, nor can it winch the casualty up.**



The helicopter coming to pick you up has a number of tasks to do and will take off from its base at 1200hrs, after which time it will not be possible to contact the crew. If there is nobody at Camp B by 1700 hrs, the helicopter will return to base, after which time it will be too dark to fly.

It is usually possible to ford the river at C but, given the recent heavy rains, it may be impossible.

Planning Considerations

Distances are as shown on the map: movement off the marked tracks is impossible.

Nobody should move on their own; nor should the casualty be left on her own at any stage.

Speed of movement on tracks:

- Normal walking 3 km/hr
- 4 people carrying stretcher 2 km/hr
- 2 (or 3) people carrying stretcher 1 km/hr

The time now is 1000hrs, what do you do?